

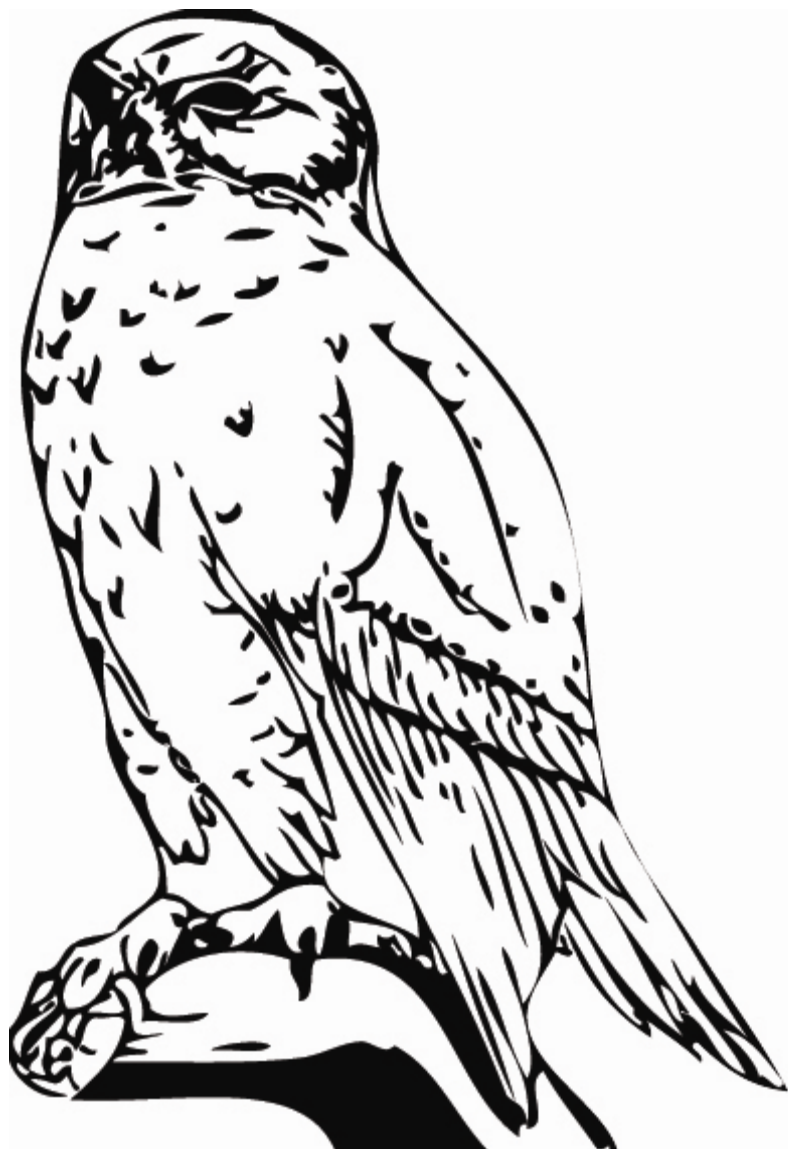
COLD WEATHER TRAINING

January 27 – 28 2012

**\$25 a person Registration before
6PM January 26th \$30 after the
27th @ Lost Lake Camp**

Units wishing to spend the night on the 28th in their cabins or shelters are more than welcome. There will be a light continental breakfast available morning of the 29th.

This training is an introduction to how we, as Boy Scouts continue our outdoor adventure in the cold winter months in the arctic.



MIDNIGHT SUN COUNCIL
BOY SCOUTS OF AMERICA



Okpik is Inuit Eskimo for “Snowy Owl”, the eagle of the north, and just as this bird survives in the arctic cold, so will you and your fellow Scouts after you learn the basics of cold weather camping and survival during this 2 day training.

What– Okpik Cold Weather Training

Who: You and your Boy Scout Troop or 2nd Year Webelos

Where– Lost Lake Camp

When– January 27-28, 2012

Contact– Michelle Crismore @452-1976

or michelle.crismore@scouting.org

Registration

In order to register at the \$25 rate you must register no later than 6pm at the Earl and Cook Council Service Center on January 26th, 2012. After the close of the Service Center on the 26th the cost will be \$30 a person.

Check in

Check in will begin at 5:30pm at the Honor Lodge, located at the top of the hill as you drive into camp. From there, you will be assigned a cabin for your unit and be given time to unload gear and settle in for the night. Program will begin at 7:30, there will be a cracker barrel, however dinner will **NOT** be provided on Friday night.

Check out

Before any unit may depart on the 28th or 29th they must first be check out of their campsite and cabin by the Camp Ranger or his designee. If you choose to leave camp without checking out or have to leave for ANY reason you will be charged a clean up fee. Check out will be after dinner on the 28th and by 10:30 on the 29th.

Health and Medical

All participants, including adults, are required to bring parts A and C of the BSA Annual Health and Medical Form. These forms will be returned to the units at check out.

Webelos

Webelos on track to cross over to Boy Scouts no later than 5/30/2012 are invited to com as a den, with a troop or with appropriate adult leadership for the weekend. Tour permits are required from ALL Webelos dens that wish to attend.

Sleeping Arrangements

On Friday night, course participants will be housed in cabins. Units wishing to stay Saturday night are encouraged to sleep in shelters of their own construction. Scouts that wish to, can, of course, stay in cabins Saturday night as well. ALL Webls will be required to sleep indoors BOTH nights. Troops that want to ratchet up their days and nights of camping can be assigned a campsite for the first night if they wish. A reminder that fires are only allowed in designated fire rings around camp.

Refund Policy

If you require a refund, for any reason, you can request one in writing and submit it to the Council Service Center.

Rules and Regulations

The Scout Oath and Law will guide all activities and individual behavior. Unit Leaders are urged to maintain discipline at the Unit level. The Outdoor Code shall be observed at all time.

- Two deep leadership is required at all times
- Campfires are permitted in fire rings only
- Anyone responsible for the destruction of property will be subject to immediate dismissal, and the Unit will be held financially responsible.
- Absolutely NO riding in the bed of trucks, 4 wheelers and snow-machines are not permitted**
- Vehicles should remain parked throughout the Course. Park only in designated parking areas.
- Any accidents or security problems must be reported ASAP

CWT Gear List 2010 (Layers are important!)

2 pair of Long Underwear, one for the day and one for your night in your snow shelter. During the day when you are active, the layer of clothing closest to your body can absorb moisture, at night when you are in bed and not as active if you are wearing the same layer the moisture can cool you down.

Warm pants, preferably not cotton, to wear over your long underwear, fleece, wool, or other synthetic material that can dry faster than cotton would be ideal.

Waterproof snow pants. Your outer shell should be able to keep outside moisture from getting your inside layers wet.

Fleece, wool, or other synthetic jacket

Waterproof winter jacket for your outer shell.

Sock liners, these are lighter socks you wear inside warmer wool or other synthetic socks.

Warm wool or other synthetic socks

Warm, waterproof, winter boots or bunny boots.

Glove or mitten liners, again these are a lighter glove or mitten you wear inside warmer gloves or mittens.

Warm, waterproof, gloves or mittens.

Warm, winter stocking cap or beanie.

Warm winter sleeping bag

Sleeping pad

1 Liter Water Bottle

Bringing extra warm clothes isn't a bad idea either.

Optional gear

Hot Chocolate

Sleeping bag liner

Neck warmer or scarf

Shovel (for moving snow when you build your shelter)

Sled

Camera